



CABO VERDE 2024

Escape to West Africa's Hidden Gem

October 11 – 18, 2024

7 days and 6 nights

Day 1, Thursday, October 10th: Depart for the East Coast of the USA (Boston, Newark, or New York)

Azores Airlines departs from Boston, Newark, or New York the night of Oct 10, arriving in Praia the morning of Oct 11.

Azores Airlines departing from Praia the morning of October 18 arriving back in Boston that same night Estimated cost of **round-trip international tickets \$740**.

You are free to book with any carrier and fly from any city, state, province, or country suffice you arrive in Praia on October 11, 2024.

More flight information will be available on or before December 31, 2023. We will email everyone the available published flights.

HISTORY, CULTURE, AND NIGHTLIFE

4 Days in Santiago

Day 2, Friday, October 11th: Welcome (Bem-vindo!) to Cabo Verde!



Land late morning in the capital city of Praia where you will be greeted by an English-speaking host. Check into your Praia hotel, then we suggest you walk right next door for a delicious traditional lunch overlooking the ocean. Our private money exchanger Edu will meet you there. Take it easy for the next few hours. Do a bit of people watching and souvenir shopping as you walk through the bustling and colorful Mercado Municipal to see the 'Badias' (Santiago women) hard at work and then the indoor/outdoor flea market called the Sucupira. Drive 20 minutes to the first port of the trans-Atlantic slave trade, UNESCO World Heritage Site Cidade Velha (the "Old City"). Stop at Fort Real Sao Filipe constructed to protect the town from frequent pirate attacks. Walk along the oldest Portuguese organized street in Sub-Saharan Africa, visit the the oldest colonial church in the tropics and stop at the old pelourinho (slave market post). Sit at the oceanside for a delicious welcome dinner as you are serenaded with live local music. Head to local host home for a home cooked bowl of cachupa, the country's national dish, and drinks followed by a lesson on the traditional dances of Cabo Verde and the sensual kizomba.



Accommodation: Hotel Santiago or Similar

Meals: Welcome Dinner

Day 3, Saturday, October 12th: Sleep in (FREE MORNING AND EARLY AFTERNOON)! Do a bit of people watching and souvenir shopping as you walk through the bustling and colorful Mercado Municipal to see the 'Badias' (Santiago women) hard at work and then the indoor/outdoor flea market called the Sucupira.



Accommodation: Hotel Santiago or Similar

Meals: Breakfast & Lunch

Day 4, Sunday, October 13th:

Experience the authentic culture and charm of Cabo Verde when you wind through the mountainous countryside for our Santiago Island Tour. Pass the former home of revolutionary Amilcar Cabral and the entrance of Serra Malagueta Natural Park and stop for a photo above the city of Assomada. Quickly pass by the Tarrafal Concentration Camp that began in the 1930s to hold political prisoners from Portugal and later from its colonies as well. Then arrive at Tarrafal, the island's most beautiful beach town, in time for a leisurely

lunch over the ocean. Enjoy some downtime on Tarrafal Beach before heading back to Praia winding along the eastern coast. Stop to visit a community of Rabelados (Rebels) to see how they are preserving traditional religion and culture, witness a huge river that is green thanks to high iron levels, and pass through the coconut trees of Santa Cruz.



Accommodation: Hotel Santiago or Similar

Meals: Breakfast & Lunch

Day 5, Monday, October 14th:

In the morning fly 45 minutes north to Sal Island... 1:30pm - Take a half-day tour of Sal Island including a visit to the old salt mine to exfoliate in its mineral-rich mud then cleanse with a dip in its healing waters, and swim with harmless lemon sharks.

Accommodation: Santa Maria, Sal – Angulu House or Similar

Meals: Breakfast & Lunch



Day 6, Tuesday, October 15th:

Leisure Morning! 3pm - Choose your adventure: ride around the island on an ATV (quad) bike or spend a few hours sailing around the island taking in the view and stopping in shallow water to snorkel.

Accommodation: Santa Maria, Sal – Angulu House or Similar

Meals: Breakfast



Day 7, Wednesday, October 16th:

Relaxation/Spa Day! Explore the restaurant, bar and shop-filled beach town of Santa Maria, or simply relax poolside or on the flawless white sand beach strip right in front of your hotel. Even consider pampering yourself with a spa treatment such as a one-hour massage to take in the zen va-ca vibes.



Accommodation: Santa Maria, Sal – Angulu House or Similar

Meals: Breakfast

Day 8, Thursday, October 17th:

Upon returning to Praia:

Venture out on our Street Art/Street Food Tour Mash Up that features Praia's vivid street art spread throughout three neighborhoods and interaction with locals, a visit to a gallery owned by one of the country's most celebrated artists and sample the best pint-sized plates and drinks from our favorite around-the-way spots. Visit a restaurant beloved by tourists and locals alike for a “**despidida**” (farewell) dinner and a live performance of the once forbidden batuku.



Accommodation: Hotel Santiago or Similar

Meals: Breakfast & Farewell Dinner

Day 9, Friday, October 18th:

After breakfast you will check out of your accommodation. Depart late morning en route to the US or your country of residency.

QUESTIONS?

If you have any questions or concerns, please send us an email at: bookings@globetrottingsistersllc.com.

Disclaimer: Any activities you participate in outside of the GS Itinerary are at your own risk. GS will not be held liable under any circumstances.

GS reserves the right to make changes to the booking information without notice.

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