Ghana

A Sankofa Journey

9 Days, 8 Nights Land Package

Tour 1: June 26-July 4, 2026 **Tour 2: July 17 – 25, 2026**

Tour 3: August 14 -22, 2026 **Tour 4: August 28 – September 5, 2026**

Depart USA (the day before the tour commences)

Flights are booked separately!
The designated group flight is via **Delta Airlines** from JFK, New York to Accra, Ghana. The duration of the **direct flight** is 10hrs. Flights are booked via delta or Expedia; however, folks can choose to fly from anywhere and book with any airline suffice they arrive in Accra, Ghana on the designated day as stipulated by each tour date. Please visit www.delta.com or www.expedia.com to book.

The Group flight departs at 4:15 p.m. via Delta airline from **JFK**(NYC) and arrive the following day at 7am in Accra **(Kotoka International Airport**). Additional information will be supplied during our scheduled group chats and via email.

Day 1: Friday: Akwaaba!

You will arrive at **Kotoka International Airport in Accra, Ghana**, picked up in an air-conditioned vehicle (African Regent Shuttle) and whisked off to your accommodation at the **black owned** Afropolitan African Regent Hotel. You will check-in and have lunch. For those who need traditional clothing sewn we'll plan for the seamstress to meet you upon arrival at the hotel. After a long flight I'm sure everyone will be exhausted. Therefore, you may take the time to relax before our **Akwaaba (Welcome) Dinner**.

Accommodation: African Regent Hotel

Meals: Welcome Dinner Included

*Optional Nightlife Experience

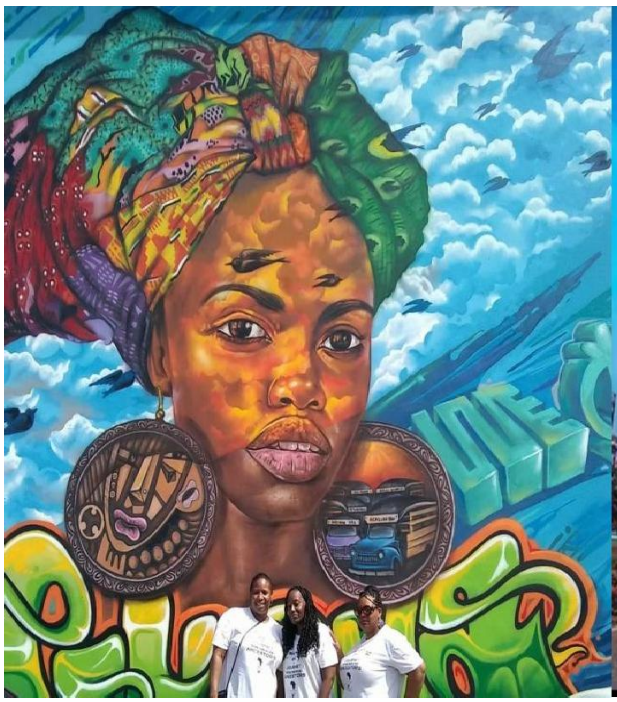
Day 2: Saturday: History & Culture

Ghana is rich in arts and culture, and **Accra** is just one slice of what the country has to offer. Accra is also home to must-see historical sites.

After breakfast you will depart for an **Accra City Tour**. Sites will include **Ghana National Museum, Kwame Nkrumah Mausoleum, Accra Art Center, James Town, Independence Arch & Black Star Gate and so much more**. During the tour you will enjoy a Djembe (drumming) lesson with some of the best drummers in Ghana. You will take a break during the tour for lunch at the **famous Buka restaurant** in the trendy neighborhood of Osu. Upon completion of the tour, you will go back to the hotel, to relax, and enjoy the amenities of the hotel. Today dinner is at leisure and afterwards around 10pm you can choose an optional nightlife experience in Osu.

Accommodation: African Regent Hotel

Meals: Breakfast & Lunch Included (Dinner Own Expense) *Optional Nightlife Experience



Day 3: Sunday: Relaxation & Renewal
Leisure Day/Optional Spa Treatment

You will enjoy a buffet breakfast at the hotel and spend the day enjoying the amenities of the hotel at leisure. For those who choose optional spa treatment you will be taken to **Ma'ati Spa in the afternoon (black owned).**

Today is all about total **Relaxation** and **Renewal**. You will embark upon a serene environment. Your senses will be awakened with a welcome tea, aromatherapy and a 5-minute head, neck, shoulder, and foot massages while you wait for your **optional (own expense) chosen Spa treatment**. Upon completion you will be taken back to your hotel. The rest of the evening is yours to relax at leisure. Don't forget you will depart early morning for Cape Coast.

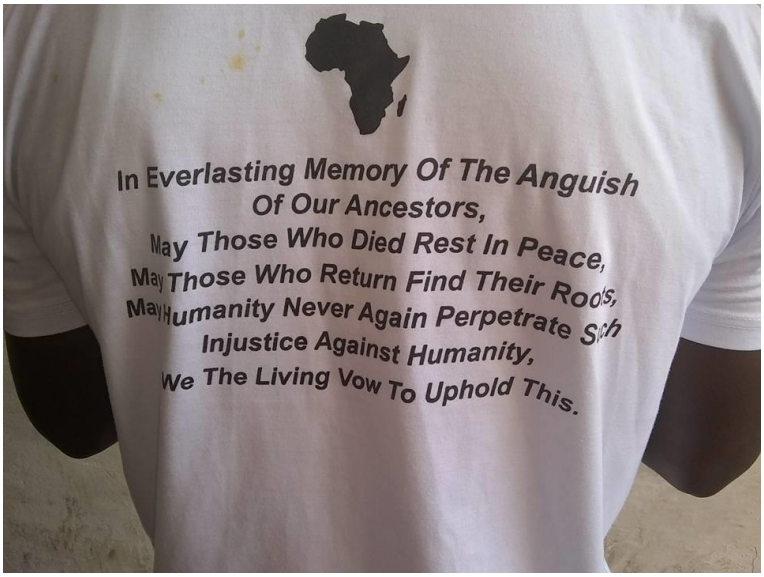
Accommodation: African Regent Hotel

Meals: Breakfast (Lunch & Dinner Own Expense)

Day 4: Monday: Cape Coast/Day Trip (2hrs Drive)

Sankofa Journey: Discover & Recover – Paying Homage to Our Ancestors

After breakfast you will depart for Elmina. Today you will embark on a **Cape Coast City** Tour before breaking for a local lunch. Upon completion of lunch, we will continue with a private tour of the **slave dungeons and Slave Market/Cemetery at Manso Slave River**. This will be an emotional experience as you will experience the physical history of the slave trade, the impact of which is still felt beyond the shores of Africa today. **The Elmina Castle** is one of the 30 slave forts along the coasts of Ghana. It was built in 1482 by Portuguese traders on the site of a town called **Amankwa or Amankwakurom**. It was **the first European slave-trading post** in all sub-Saharan Africa. After the tour, you will be driven back to Accra. The rest of the evening and dinner is at your leisure.



Don't forget to pack as you depart for Kumasi in the morning.

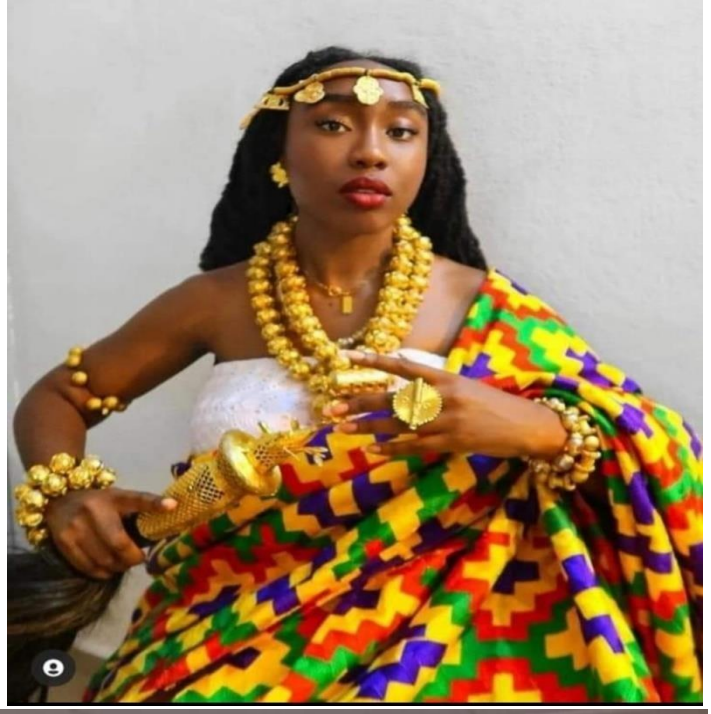
Accommodation: African Regent Hotel

Meals: Breakfast & Lunch Included (Dinner Own Expense)

Day 5: Tuesday: Exploring the Ashanti Region: History & Culture

After breakfast you will **depart Accra around 6am for Kumasi** on a private air-conditioned vehicle. You will grab a light lunch on the go to avoid arriving late in the local **village of Adanwomase**. Upon arrival you will take part in an **Akan (Ashanti)naming ceremony dressed in white and adorned in kente fabric** and observe **a kente weaving demonstration**. Upon completion you will check into a local guest house to freshen up and depart for dinner. You will enjoy a local dinner at the famous **Ike's at the cultural center**. Upon completion you will return to your accommodation to rest and pack in preparation for your return to Accra in the morning.

Accommodation: Ike's Cultural Village
Meals: Breakfast, Light Lunch & Dinner



Day 6: Wednesday: Exploring the Ashanti Region. History & Culture

After breakfast you will embark on a **Kumasi City Tour**. You will visit the **Manhyia Palace Museum, Cultural Center, Okomfo Anokye Sword site**, and if time permits you will also head to **Ntonso for Adinkra stamps printing**. Upon completion of the tour, you will be transferred via air-conditioned vehicle back to Accra. You will check back into the African Regent for the remainder of your stay. The rest of the evening is yours to enjoy at leisure.

Accommodation: African Regent Hotel **Included Meals: Breakfast & Lunch.**

Dinner @ leisure (Own Expense)

Day 7: Thursday: Relaxation & Adventure
Optional Waterfall Massage or Beach Massage by Ma'ati Spa or Day Trip to Aburi Botanical Gardens and Asenema Waterfall

Today enjoy a day of leisure at the hotel or venture out to Labadi Beach. You can also choose any one of the optional excursions. For those interested in optional African dance lessons we can arrange as well. After a day of relaxation and adventure the rest of the night is yours to spend at leisure.

Accommodation: African Regent Hotel
Meals: **Breakfast Included**
Lunch & Dinner @ Leisure (Own Expense)

Day 8: Friday, July 26th: Day of Leisure or
Optional Day Trip to Akosombo/Royal Senchi

Enjoy a day of leisure just relaxing or take an optional day trip to the Volta Region of Ghana. Activities include pool access and lunch at the famous **Royal Senchi**, and a motorboat ride on the **Volta River**, local shopping, and sightseeing. Upon completion you will return to your accommodation in Accra. The rest of the evening is yours to enjoy at leisure.

If you want to experience **night beach** in Accra, we suggest Labadi beach as your final hurrah if you have the energy to hang.

Accommodation: African Regent Hotel **Meals: Breakfast**
Lunch@Optional Tour
Dinner is at Leisure (Own Expense)

Day 9, Saturday, July 27th: Farewell Ghana- Return Home

After breakfast you will check out of your hotel rooms by 12pm. You have the option of checking out at the designated time and storing your luggage or paying an additional fee directly to the hotel for late check out. You will then be transferred via hotel shuttle to the airport in Accra for your departure to the US. We bid you farewell until next time!

End of Tour!

Questions?

If you have any questions or concerns, please send an email to Typhanie at typhanielynch@yahoo.com or bookings@globetrottingsistarsllc.com

Disclaimer: Any activities you participate in outside of the GS Itinerary are at your own risks. GS will not be held liable under any circumstances.

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