



Bali 2027: Cultural & Wellness Getaway

Awaken, Rediscover & Celebrate the Goddess within!

7 Days, 6 Nights Land Package

& 4 days Nusa Penida Island Add On

Tour 1: June 18 – 24, 2027

Tour 2: September 17 – 23, 2027

Bali is Indonesia's most popular tourist destination. Known for its volcanic mountains, iconic rice paddies, beaches, coral reefs, vibrant arts scene, and spiritual retreats. Join this woman only wellness vacation designed to foster self-care, personal renewal and empowerment through a mix of yoga, meditation, spa treatments, adventure and immersive cultural experiences. This getaway promises a supportive, luxurious setting for women to recharge, connect and explore.



Day 1: Arriving in Ubud: Welcome! Selamat Datang!

Welcome to Ubud, the cultural hub of Bali! You will be whisked off in a modern air-conditioned vehicle to your luxurious 4/5-star resort in the heart of Ubud, nestled amidst lush valleys, rivers, waterfalls, and Bali's terraced rice fields. You'll enjoy a sumptuous welcome meal before retiring for some much-needed rest. The rest of the evening is yours to enjoy at leisure.

Accommodation: Sankara Suites & Villas or Similar

Included Meals: Welcome Meal





Day 2: Pamper & Relaxation

Today is all about relaxation and pampering!

Start your day with gentle movement and a nourishing breakfast that awakens energy and clarity. Relax and swim in the [infinity pool](#), visit the [yoga pavilion](#), [gym](#) or enjoy optional [Spa services](#), and a [floating lunch](#) by the pool. Later enjoy a sumptuous dinner on premises with your Sisters. Conclude the day with a [flower bath](#) feeling rested, centered and renewed.

Accommodation: Sankara Suites & Villas or Similar

Included Meals: Breakfast, Floating Lunch & Dinner





Day 3: Ubud Tour 1 – Culture & Adventure

After breakfast you will head out to explore Bali and tap into your adventurous side. Tap into your inner child by playing dress up, indulging in the **Famous Bali Swing experience**. Swinging high above **lush jungles, rivers and the rice terraces**. **This adrenaline rush experience offers a unique flying sensation and panoramic views of the scenic Balinese**. Upon completion you will visit the famous **Koi Fish Pond**. A Bali **Koi Fish Pond** refers to the iconic, luxurious koi ponds found throughout Bali. Famous for their serene tropical settings and massive, colorful koi fish. This is a significant part of Balinese architecture and culture. You will break for lunch before your final tour of the day visiting a **Coffee Plantation**. An Agro tourism tour is an educational and sensory experience where visitors walk through lush farms and learn how local coffee is grown and processed. Upon completion, return to your accommodation and the rest of the evening is yours to enjoy at leisure.

Note: We will provide Bali Rental Dresses and a professional photographer for the Bali Swing experience. Optional ATV adventure @Coffee Plantation

Accommodation: Sankara Suites & Villas or Similar

Included Meals: Breakfast, Lunch & Dinner







Day 4: Ubud Tour 2: Culture/Adventure & Purification Ritual

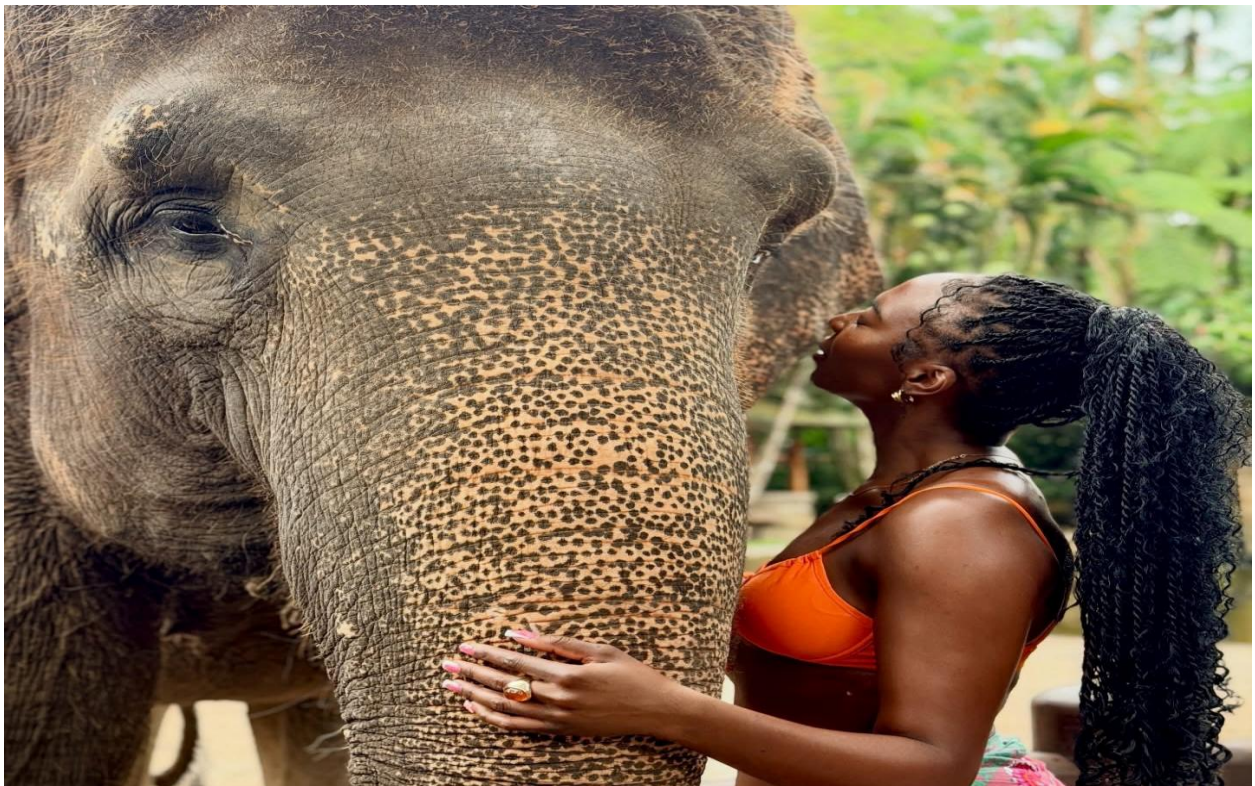
After breakfast you will commence the day's tour with a visit to the Elephant Sanctuary.

Elephant Sanctuary

Mason Elephant Sanctuary in Ubud, Bali, is a dedicated to a rescue park for Sumatran elephants, offering ethical, up-close interactions and conservation-focused experiences. Embrace this magical experience with these gentle, loving and full of personality animals before your visit to Tirta Empul.

Accommodation: Sankara Suites & Villas or Similar

Included Meals: Breakfast, Lunch & Dinner



Tirta Empul Holy Water – Tap into your inner Goddess with a Traditional Purification Ritual.

The main attraction of Tirta Empul is its series of purification pools, where crystal-clear water flows continuously from stone fountains. Balinese Hindus, as well as visitors, take part in a ritual called [melukat, moving from one fountain to another to cleanse the body, mind, and spirit](#). Each fountain is believed to have its own spiritual significance.

Tirta Empul Temple, located in Tampaksiring, Bali, is one of the island's most revered Hindu temples and a significant spiritual destination. Dating back to 962 AD during the Warmadewa dynasty, the temple is dedicated to Vishnu, the god of water, and is celebrated for its sacred spring, which has drawn worshippers for centuries seeking spiritual cleansing and renewal.

The name “Tirta Empul” translates to “holy water spring,” perfectly reflecting the temple’s essence and cultural significance. The holy spring continuously provides crystal-clear water to the temple’s intricately designed purification pools and fountains. This water is believed to hold potent healing properties, making it central to purification rituals like the Melukat Ceremony, where participants immerse themselves in a spiritual journey to cleanse their body, mind, and soul.



Tegalalang Rice Terrace

Your tour continues after lunch with a visit to Tegalalang Rice Terrace, a stunning series of terraced rice paddies near Ubud, Bali, showcasing traditional Balinese irrigation and offers scenic views for visitors. This lush valley of layered paddies has become one of the most photographed landscapes on the island. Beyond the views, Tegalalang offers more than just a quick [photo stop](#). You can [walk the trails through the fields](#), [swing over the valley](#), [sip on a coconut with panoramic views](#), or simply soak in the peaceful rhythm of Bali's traditional subak irrigation system.



Monkey Forest

The tour continues with a visit to Ubud Monkey Forest, a sacred nature reserve and temple complex, home to over 1,200 long-tailed macaques and centuries old temples. Experience a unique blend of lush nature, playful wildlife, and ancient spirituality. Observe these amazing creatures in their natural habitat. The forests houses three scared 14th century Hindu temples rooted in the philosophy of harmony with God, people and nature.



Ubud Art Market

Ubud Art Market is your final stop on today's tour, one of the most popular traditional markets in Ubud, known for its handmade crafts and unique Balinese souvenirs that attract visitors from around the world. This is also an opportunity to support local vendors. Upon completion you will return to your accommodation to enjoy the evening at leisure.



Day 5: Ubud Tour: Cultural Immersion

Art & Creativity

After breakfast depart for a **Balinese Dance Performance – Tap into your inner Goddess** by learning an ancient Balinese dance tradition that is part of the religious and artistic expression among the Balinese people.



Art Village – Appreciating and supporting local artisans

Afterwards you will visit the Art Village, a collection of specialized artisan communities clustered around the cultural heartland of Ubud. Each village is renowned for perfecting a specific traditional craft, allowing visitors to watch

artisans at work, learn traditional techniques and shop directly from locals. The primary creative hubs cover Batubulan, Celuk, Mas and Batuan artistry.

Silver Jewelry Class Making – Tapping into Your Creative Side

Celuk is the center of Bali's gold and silver craftsmanship.

Enjoy this jewelry making class with an experienced silversmith.



Butterfly Park – Tap into your whimsical side!

Your final tour for the day is **Kemenuh Butterfly Park** a lush conservation and educational facility. It features netted garden enclosures where hundreds of vibrant tropical butterflies' flutter among exotic flowers and plants. Enjoy its beauty, observe it, learn the uniqueness of its life, pamper your soul, and finally enrich your knowledge about this remarkable insect.



Accommodation: Sankara Suites & Villas or Similar **Included Meals:**
Breakfast, Lunch & Dinner

Day 6: Water Activities & Cooking Class

After breakfast you will head out for a day of adventure.

You will visit the **Suwat Waterfall**

Suwat Waterfall is a captivating natural destination nestled within lush and verdant forests. This waterfall showcases the breathtaking beauty of nature, with water cascading from a height into a natural pool below, creating a mesmerizing sight for visitors.

Situated in an easily accessible location, the waterfall offers an unforgettable experience for those seeking tranquility and natural beauty. Surrounded by vibrant greenery and lush flora, Suwat Waterfall is the perfect escape from the hustle and bustle of city life, allowing visitors to immerse themselves in the serene and refreshing beauty of nature. Free yourselves, relishing in the calming trickle of falling water and allowing yourselves to be enchanted by the stunning natural beauty surrounding you. [Optional: White Water Rafting & Cooking Class \(Evening\)](#)

Accommodation: Sankara Suites & Villas or Similar **Included Meals:** Breakfast, Lunch & Dinner





After an adventurous day embark on a **Balinese private cooking class**. Today you will make your **own traditional Balinese dinner from scratch** with the help of a certified Chef.



Day 7: Depart Bali or Optional 4-day Nusa Penida Island Add on Tour

Sisters leaving Indonesia today will be transferred to the airport after breakfast and check out. We bid you farewell until next time.

For those on the extension tour you will check out of your accommodation and prepare for pick up from the hotel at about 6 am. You will depart from **Sanur Harbor in Ubud via a 30-45 boat ride to Nusa Penida**. Nusa Penida is often referred to as heaven on earth, a rugged, tropical island located just southeast of mainland Bali. Famous for its towering limestone cliffs, dramatic coastal views. It is a major destination for travelers seeking raw natural beauty.



Nusa Penida Day 1 Activities: Island Hopping: Exploring Penida East before checking into your accommodation.

Kelingking Beach: Is Famous for its massive T-Rex shape cliff formation

Broken Beach: Known for its stunning natural archway formed by a collapsed sea cave that creates a circular cove with turquoise water.

Angel Bilabong Beach: Is a natural infinity pool, famous for its crystal-clear water and stunning phot opportunities. Great for swimming and snorkeling.

Crystal Bay: A palm fringed beach famed for its crystal-clear waters and vibrant marine life. It is a premier snorkeling, scuba diving and sunset viewing destination.

Accommodation: Sea La Vie Resort Nusa Penida or Similar

Included Meals: Breakfast & Lunch (Note: Lunch is for the Add on Tour Only)





Day 8: Nusa Penida – Leisure Day

Enjoy a [floating breakfast](#) at leisure. Explore the amenities of the hotel, like the [infinity pool](#) or simply just take time to unwind and relax on the beach. Convene in the evening for a group dinner with the Sisters.

Accommodation: Sea La Vie Resort Nusa Penida or Similar

Included Meals: Floating Breakfast & Dinner



Day 9: Exploring Nusa Penida West

After breakfast, you will spend the day exploring the West Side of Nusa Penida with stops at the following places:

***Secret Cave Temple** – Hidden inside a massive, active limestone cavern, this sacred site is known as a symbol of strength.

***Diamond Beach** – A stunning tourist attraction known for its white sand, turquoise water, and dramatic limestone cliffs. It offers incredible photo opportunities and a chance to relax on the beach.

***Atuh Beach** – Is a stunning, crescent shaped cove famous for its white sand, natural rock arch and towering limestone cliffs. It offers a secluded beach experience.

***The Raja Lima & Spa** – Enjoy a sumptuous lunch at this breathtaking property before walking over to the tree house.

***Tree House** – Tap into your inner child with a visit to this dreamy whimsical spot.

Accommodation: Sea La Vie Resort Nusa Penida or Similar

Included Meals: Breakfast & Lunch



Day 10: Nusa Penida to Ubud

Enjoy a leisurely morning after breakfast before your return to Ubud.

You will be picked up from the hotel and taken to Nusa Penida Harbour for your boat ride back to Sanur Harbour in Ubud.

Upon return to Ubud you will have a farewell dinner before checking into your accommodation for your final night in Bali.

Accommodation: Local Guest House (Note: This is not 4/5 Star accommodation. This is just a local guest house to spend the night before your departure. Hence Sisters might have to share a room.

Included Meals: Breakfast & Farewell Dinner



Day 11: Departure

It is time to bid **BALI** goodbye until next time!

You will check out of your accommodation and grab take away breakfast enroute to the airport.

End of Tour..... On behalf of Globetrotting Sisters, LLC and our local guide it was a pleasure to host you all!

